

The Chrom 3-Day Neuroleadership Programme for People Leaders' Transformation*

This Programme comes with an Insight Inforworkbook, now in its 3rd Ed., written By Dr Noah Julius, authenticated on the first day of the Programme

Day 1...*Right into it, no time to waste!*

- ❖ The Brain's 6Rs Of Learning
- ❖ Neurohacks of Learning
- ❖ The Brain College for Leadership
- ❖ The Brain - A Friend or Foe
- ❖ The first role of the Brain in leading others
- ❖ The second role of the Brain in leading others
- ❖ The flight, fight and freeze conversations of the brain
- ❖ The DIPI Criteria - the Organising Principle of The Brain
- ❖ The RAS Model, and the VAS neurohacks
- ❖ The Labour of the Brain - Social Brain at workplaces
- ❖ The Amygdala Hijack
- ❖ The ARISE[®] Model and its Application

Day 2...*We are in it!*

- ❖ The Power of Frames
- ❖ The Constraining power of Habits
- ❖ Developing and Retaining new Habits
- ❖ Locus of Control: Intergroup Relations
- ❖ Resonant and Dissonant Leadership
- ❖ The Role and Power of Emotions
- ❖ Emotional Regulation vs Emotional Intelligence
- ❖ Neuroleadership and Work Engagement
- ❖ Neural Approach to Culture, Behaviorism and Change Management
- ❖ The Power of Brain-based Influence
- ❖ Neuro-bank of Teams

Day 3...*Closing Day*

- ❖ NeuroSafety at the Workplace
- ❖ Mindful Awareness
- ❖ Neural Stress Management
- ❖ Sustainable neurohacks of a Neurosafety Culture
- ❖ Transactional vs Transformational Leadership
- ❖ Sustainable Neurohacks of Transformation
- ❖ Neurohacks of Emotional Regulation and the ARISE[®] Model
- ❖ The Game-changer of Trust and Teams
- ❖ NeuroCollaboration at Workplaces
- ❖ Winner-Takes-All!

**In this VUCA world, this Programme is periodically reviewed to keep up with the Business Environment*